

WURZWEILER SCHOOL OF SOCIAL WORK  
YESHIVA UNIVERSITY

Social Work Practice with Trauma and Interpersonal Violence

SWK 6685

Sequence Chair: Lisa A. Henshaw, PhD, LCSW [Lisa.henshaw@Yu.edu](mailto:Lisa.henshaw@Yu.edu)

Spring, 2023

I. Course Description:

Trauma and Interpersonal Violence is a clinical course that examines trauma and interpersonal violence from a critical lens exploring the various types of traumas.

## II. Course Competency Outcomes:

By the conclusion of this course, students will be able to:

1. Demonstrate an understanding of the complex phenomena of trauma, including adult domestic violence, adult rape/sexual assault and child victimization and interpersonal violence, war, natural disasters, intergenerational trauma transmission, racial-based trauma, immigration, genocide, indirect trauma exposure and the complex effect on human lives (Competencies 2, 3, 6)
2. Demonstrate an understanding of the historical roots of movements and social/political forces influencing the field of trauma as well as related social policy informing social work practice with survivors of trauma and interpersonal violence (Core competencies 2, 3, 5, 6)
3. Critically articulate orally and in writing the effects of trauma and interpersonal violence on children, adults and communities, including post-traumatic stress disorders and complex reactions to trauma, in order to inform assessment and practice (Competencies 2, 3, 6, 7, 8)
4. Demonstrate mastery of knowledge and application of current intervention approaches including trauma-informed care principles, individual and group interventions, and community-based strategies (Core Competencies 6, 7, 8, 9)
5. Demonstrate critical development of self-awareness such that there is an understanding of the possible effect of trauma work on social workers, and an understanding of particular strategies to develop self-care and foster agency responsiveness (Core competencies 1, 5)

## III. Course Requirements

Reflection Assignment Instructor's discretion (see below)	10%
Class Attendance and Participation: <ul style="list-style-type: none"> <li>• Punctual attendance in all classes</li> <li>• Active, informed participation in class discussions</li> <li>• Completion of online canvas assignments</li> </ul>	20%
Midterm Assignment Understanding Trauma	35%
Final Assignment	

*(Required texts continued)*

Van der Kolk, B. A. (2015). *The body keeps the score: Brain, mind, and body in the healing of trauma*. New York, NY: Penguin Books.

B. Supplemental Texts:

Meisinger, S. E. (2009). *Stories of pain, trauma and survival: A social worker's experiences and insights from the field*. Washington DC: NASW Press

C. Additional Articles and Texts:

Additional

In 2-3 pages, please answer the following questions:

- 1.) Define selfcare(using empirical references or professional websites). What is the purpose of selfcare in social work?
- 2.) Why do you think it may be important for social workers practicing with survivors of trauma to develop a selfcare plan?
- 3.) Begin to think about your self-care plan and identify some concrete parts of your plan.

## Midterm Assignment–Due Class 7

### Understanding Trauma

The purpose of this assignment is for students to examine a type of trauma and a particular population affected by this trauma type, with conceptualization of a case example. Students

- ii. All papers must incorporate APA referencing within text using the author, date, and method. Papers must abide by APA guidelines, including: reference page, title page, 12 point font, Times New Roman font, double spacing and margins.

(Core competencies 1, 2, 5, 6, 7)

Final Assignment– Due Class 13

Intervention Strategies for Trauma and Interpersonal Violence with Self-Care Plan

Building on your learning from the first paper, AgfA (n)-14 ( a, AgfA ch 0 Tc 3.21( )Tj 036 Tw 0.1pa)4 (g

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## COURSE OUTLINE

### Introduction to Trauma & Inter personal Violence (Session1)

- Overview of the course syllabus and requirements.
- Review types of trauma and interpersonal violence, including what constitutes traumatic events as informed by the DSM-5 and relevant research that informs knowledge about trauma occurring globally, nationally and in communities.

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- Choi, G.Y. (2017). Secondary traumatic stress and empowerment among social workers working with family violence or sexual assault survivors. *Journal of Social Work*, 17(3), 358-378.
- \*Dekel, R., & Baum, N. (2010). Intervention in a shared traumatic reality: A new 4.
- \* Meisinger, S. E. (2009). Stories of pain, trauma, a8-2 (o)-14orw



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SAMHSA

<https://www.samhsa.gov/child-trauma/recognizing-and-treating-child-traumatic-stress>

Tutorial on Recognizing and Addressing Trauma in Infants, Children and their Families

[https://www.ecmh.org/tutorials/trauma/mod2\\_2.html](https://www.ecmh.org/tutorials/trauma/mod2_2.html)

### Adult Trauma and IPV: Community, Global and Single Event Traumas (Session 7)

- Overview of traumatic events and IPV in adulthood, including domestic violence, partner abuse, rape and sexual violence, natural disasters, terrorism, disaster (e.g., COVID-19) and racial trauma.

Special attention is given to vulnerable populations: persons in older adulthood, LGBTQ persons and persons of color.

- Indirect trauma exposure in adulthood and the media, national and global violence intersecting with advances in social media and increased media exposure.
- The manifestation of traumatic reactions in adulthood: posttraumatic stress disorder.

### Required Readings:

- \*Kira, I. A., Shuwiekh, H. A., Alhuwailah, A., Ashby, J. S., Sous Fahmy Sous, M., Baali, S. B. A., ... & Jamil, H. J. (2020). The effects of COVID-19 and collective identity trauma (intersectional discrimination) on social status and well-being. *Traumatology*
- \*Bragin, M. (2011). Clinical social work in situations of disaster and terrorism. In R. Brandell (Ed.), *Theory and practice in clinical social work* (pp. 373-406). Sage Publications Inc.
- \* Williams, M. T., Metzger, I. W., Leins, C., & DeLapp, C. (2018). Assessing racial trauma within a DSM5 framework: The UConn Racial/Ethnic Stress & Trauma Survey. *Practice Innovation*, 3(4), 242-260. DOI: 10.1037/pri0000076
- \* Garfin, D. R., Holman, E. A., & Sier, R. C. (2015). Cumulative exposure to prior collective traumas and posttraumatic stress disorder. *Journal of Traumatic Stress*, 28(1), 1-10. DOI: 10.1007/s12138-014-9371-2





Video 2: Poverty and Traumatic Stress: Strategies for Building Family Resilience  
<https://www.mercyhome.org/blog/resources/natural-treatment-trauma/#.Xd09uuhKiUI>

The ARC Model

<https://attachmenttheoryinaction.podbean.com/e/margaret-steinon-what-the-arc-model-is-part1/>

Video 1: ARC Implementation in Residential Care The First Year – Refining the Mercy Model of Care

Trauma-Focused CBT for Children

<https://childmind.org/article/whats-the-best-treatment-for-ptsd-in-children/>

Interventions for Social Work Practice with Adults Survivors of Trauma and IPV (Sessions 11&12)

\*Instructors will choose specific intervention models (2 models) that will be the focus of sessions 11 and 12 from below and inform students of the corresponding reading assignment.

- Cognitive behavioral interventions: Trauma-informed CBT, Prolonged Exposure
- Mindfulness-Based Stress Reduction
- Psychological First Aid (PFA)
- Somatic Experiencing
- Eye-Movement Desensitization and

outcomes in police officers. Journal of Peace and C



- \*Collin-Vézina, D., Brend, D., & Beeman, I. (2020). When it counts the most: Trauma-informed care and the COVID-19 global pandemic. *Developmental Child Welfare*, 2(3), 172-179.
- Dopp, A. R., Hanson, R. F., Saunders, B. E., Dismuke, C. E., & Moreland, A. D. (2017). Communitybased implementation of trauma-focused interventions for youth: Economic impact of the learning collaborative model. *Psychological Services*, 16(1), 57.
- Bell, H., Kulkarni, S., & Dalton, L. (2003). Organizational prevention of family trauma. *Families in Society*, 84(4), 463-470.
- Levenson, J. (2017). Trauma-informed social work practice. *Social Work*, 62(2), 105-113.
- \* Guarino, K., & Decandia, C. (2015). Trauma-informed care: An ecological response. *Journal of Child and Youth Care Work*, 7-32.

#### Video/Web Resources:

Trauma-Informed Care Implementation Resource Center  
<https://www.traumainformedcare.chicago>

Building the Dream: Trauma-Informed Care and ACE's  
<https://www.pbs.org/video/chasing-the-dream-traumainformed-care-acescms83d/>

Trauma-Informed Organizational Toolkit  
[https://www.air.org/sites/default/files/downloads/report/Trauma Informed Organizational Toolkit 0.pdf](https://www.air.org/sites/default/files/downloads/report/Trauma%20Informed%20Organizational%20Toolkit%200.pdf)

Trauma and IPV Among Minority Groups and Vulnerable Populations (i)-2S4 (s)rg0 0 12 72 41nf(m)-2

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