

MARGARET SALA, PH.D.

Address: Louis E. and Dora Rousso Building
1165 Morris Park Ave, Bronx, NY

American Psychological Association (APA) Dissertation Research Award Total Award: \$1,000	2018
Hogg Foundation Frances Fowler Wallace Dissertation Award Total Award: \$1,500	2018
Society for Health Psychology Graduate Student Research Award Total Award: \$1,500	2018
American Psychological Association Junior Scientist Fellowship Total Award: \$1,000	2015

HONORS AND AWARDS

Research Day Poster Session Dean's Award (\$250), SMU

Willis Tate Outstanding Psychology Graduate Student Award (\$700), SMU

4. Vanzhula, I., **Sala, M.**, Christian, C., Hunt, R.A., Keshishian, A.C, Wong, V.Z., Ernst, S., Spoor, S.P., & Levinson, C.A (2020). Avoidance coping during mealtimes predicts higher eating disorder symptoms. *International Journal of Eating Disorders*, 53(4), 625-630. doi: 10.1002/eat.23254
5. **Sala, M.**, Brosf, L.C., & Levinson, C.A. (2019). Repetitive negative thinking predicts eating disorder behaviors: A pilot ecological momentary assessment study in a treatment seeking eating disorder sample. *Behaviour Research and Therapy*, 112, 12-27. doi: 10.1016/j.brat.2018.11.005
6. **Sala, M.**, Vanzhula, I., & Levinson C.A. (2019). A longitudinal study on the association between facets of mindfulness and eating disorder symptoms in individuals diagnosed with eating disorders. *European Eating Disorder Review*, 27(3), 295-305. doi: 10.1002/erv.2657
7. Levinson, C.A., **Sala, M.**, Murray, S., Ma, J. Rodebaugh, T. L., & Lenze, E.C. (2019). Diagnostic, clinical, and personality correlates of food anxiety during a food exposure in patients diagnosed with an eating disorder. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*. Epub ahead of print. doi: 10.1007/s40519-019-00669-w
8. **Sala, M.**, Han, K., Acevedo, S.F., Krawczyk, D.C., & McAdams, C.J. (2018). Oxytocin receptor polymorphism decreases midline neural activations to social stimuli in anorexia nervosa. *Frontiers*

10.1016/j.rmta.2016.03.002

25. **Sala, M.**, Reyes-Rodríguez, M.L., Bulik, C.M., & Bardone-Cone, A.M. (2013). Race, ethnicity and eating disorder recognition by peers. *Eating Disorders: The Journal of Treatment and Prevention*, 21(5), 423-436. doi: 10.1080/10640266.2013.827540
26. Reyes-Rodríguez, M.L., **Sala, M.**, Von Holle, A., Unikel, C., Bulik, C.M., Cámara-Fuentes, L., & Suárez-Torres, A. (2011). A description of disordered eating behaviors in Latino males. *Journal of American College Health*, 59(4), 266-272. doi: 10.1080/07448481.2010.502205

BOOK CHAPTERS AND BOOK REVIEWS

1. Baldwin, A.S. & **Sala, M.** (2018). Perceived satisfaction with health behavior change. In D.M. Williams, R.E. Rhodes, & M. Conner (Eds.), *Affective Determinants of Health Behavior*. New York: Oxford University Press.
2. Baldwin, A.S., & **Sala, M.** (2017). Promotion of healthy behavior. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage Publications.
3. Baldwin, A.S., & **Sala, M.** (2017). Healthy behavior. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage Publications.
4. **Sala, M.** (2015). Review of the book *Eating Disorders, Addictions, and Substance Use Disorders: Research, Clinical, and Treatment Perspectives* by Timothy Brewerton and Amy Baker Dennis. *Eating Disorders: The Journal of Treatment and Prevention*, 23(3), 275-278.

CHAired SYMPOSIA AT NATIONAL CONFERENCES

1. **Sala, M.**, & Broscof, L.C. (November, 2017). *Exercise in individuals with disordered eating: How and for whom might it be beneficial?* Symposium presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA

CONFERENCE ORAL PRESENTATIONS

1. **Sala, M.**, Geary, B., & Baldwin, A.S. (March, 2019). *An audio-recorded mindfulness exercise intervention: A pilot randomized controlled trial*. Paper presentation at the Society of Behavioral Medicine, Washington, DC.
2. **Sala, M.**, Shankar Ram, S.*, Vanzhula, I.A., & Levinson, C.A. (March, 2019). *Mindfulness and eating disorder psychopathology: A meta-analysis*. Paper presentation at the Academy of Eating Disorders, International Conference on Eating Disorders, New York, NY.
3. Levinson, C.A., **Sala, M.**, Murray, S., Rodebaugh, T.L., & Lenze, E.J. (November, 2018). *Diagnostic, clinical, and personality correlates of food anxiety during a short course of mealtime exposure therapy in patients diagnosed with an eating disorder*. In Farrell, N.R., & Rancourt, D. (chairs), *Food anxiety during exposure therapy in patients with eating disorders*. Paper presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

CA.

13. Reyes-Rodríguez, M.L., **Sala, M.**, Von Holle, A., & Bulik, C.M. (June, 2010). *Latino males: A description of disordered eating behaviors*. Paper presentation at the Academy for Eating Disorders, International Conference on Eating Disorders, Salzburg, Austria.

CONFERENCE POSTERS

1. **Sala, M.**, Linde, J.A., Crosby, R.D., & Pacanowski, C.R. (September, 2019). *Body satisfaction predicts*

Disorders, San Francisco, CA.

10. **Sala, M.**, Chmielewski, M., Tang, R., & Baldwin, A.S. (April, 2016). *The convergent and discriminant validity of affective judgments of physical activity measures*. Poster presentation at the Society of Behavioral Medicine, Washington, DC.
11. **Sala, M.**, Brandon, A.R., Hynan, L.S., Baldwin, A.S., & Puzifferri, N. (November, 2015). *The Bariatric Behavior Efficacy Measure (BB-EM) to inform post-bariatric surgery interventions*. Poster presentation at The Obesity Society, Los Angeles, CA.
12. Homel, P., Laferrère, B., **Sala, M.**, McGinty, J., & Haller, D.L. (August, 2015). *Psychological predictors of patient attrition in post bariatric surgery follow up*. Poster

REVIEWER EXPERIENCE

Ad Hoc Reviewer:

PLoS One

Journal of Behavioral Medicine

Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity

Journal of Addiction and Research Therapy

Instructors: Drs. Betsy Becker and Ariel Aloe 2015

ADDITIONAL CLINICAL TRAINING

Dialectical Behavior Therapy, New Haven, CT, 8 week training 2019
Instructors: Drs. Seth Axelrod, Emily Cooney, and Suzanne Decker

Motivational Interviewing, West Haven, CT, 2 day training 2019
Instructor: Dr. Steve Martino

Mindfulness-Based Eating Awareness, Lenox, MA, 3 day training 2018
Faculty Assistant
Instructors: Dr. Jean Kristeller and Andrea Lieberstein

Cognitive Processing for PTSD, Dallas, TX, 2 day training 2018
Instructor: Dr. Amy Williams

Motivational Interviewing, Plano, TX, 1 day training 2018
Instructor: Dr. Lloyd Berg

Acceptance-Based Behavioral Therapy, San Diego, CA, 2 day training 2017
Instructor: Drs. Susan Orsillo and Lizabeth Roemer

Acceptance and Commitment Therapy, San Diego, CA, 2 day training 2017
Instructor: Drs. Susan Orsillo and Lizabeth Roemer